

CASTLE SEMPLE ROWING CLUB REGATTA 2016

Overall Safety

Safety of the overall facility is under the auspices of the Country Park and Watersports Centre. The park rangers' direction must be followed. Safety of spectators and competitors takes priority over all other activities.

Launch drivers must especially observe this on the water.

Graeme Fletcher has been nominated safety officer for the regatta on behalf of the committee and can be contacted via race control.

Parking

Competitors must follow the direction of the parking marshals.

Only boat trailers are to be parked nearest the boathouse and pontoons.

All other vehicles must be parked at the other end of the car park. There is also a car park at the nearby playing field on Lochlip Road

Launching

One pontoon is assigned for outgoing boats, the other for incoming boats. Competitors must follow the direction of the pontoon marshals.

Crews must collect bow numbers no less than 45 minutes before their race and launch in sufficient time to be at the start before the scheduled racing time.

Crews will not be allowed to launch without bow numbers

Races will **not** be held for late crews

On the Water

The direction of water marshals and regatta officials must be followed.

The loch circulation pattern must be studied and followed at all times.

On leaving the pontoon crews when the course is clear should proceed directly across to the south side of the loch beyond the line of large red buoys to the start.

Crews should prepare for racing beyond the large red buoys at the start of the racecourse and enter racing lanes using these buoys as guides.

Lane 1 is on the shore side of the first row of buoys. Lane 6 is outside the last buoy lane on the racecourse.

Coxswains must wear lifejackets

Emergencies

There are trained first aiders at the regatta.

Race control, commentary, start and finish all carry radios and can assist in summoning help if required.

Emergency Contacts

Police - 111

Royal Alexandra Hospital, Corsebar Road, Paisley - 0141 887 9111

Fire Station, Kings Road, Johnstone - 01505 322222